

OFFICERS

Chief Patron & Referee in-Chief : Prof. Dalbir Singh

Jury of Appeal : Dr. Surender K. Punia
: Sh. Deepak
: Dr. Arun Kumar

Judges :

Track

Sh. Shri Kishan Chahar
Dr. Arivnd Kumar
Sh. Shiv Shankar
Dr. Kuldeep

Jumps

Dr. Sadeep Kumar
Dr. Jagbir Gulia
Smt. Reena
Dr. Parveen Kumar
Sh. Ashok Kumar
Sh. Monu Kumar (LA) (Boys)
Smt. Bindu, Lib. Att. (Girls)

Throws

Dr. Pushpender Kadian
Sh. Saurabh Jain
Sh. Pradeep Yadav
Dr. Tamsa
Dr. Jyoti
Sh. Ravi Ram
Smt. Bindu, Lib. Att. (Girls)

Starter

Sh. Shiv Shankar
Dr. Arun Kumar

Track Umpire

Dr. Priyanka
Sh. Sombir

Lap Scorers

All the Members of Staff

Fancy Dress

Dr. Tamsa
Sh. Shamser

Press Release

Dr. Amit Bhardwaj

Marshalls

Dr. Surender K Punia
Dr. Pratap Phalswal
Sh. Shri Kishan Chahar

Announcers

Smt. Sunita Beniwal
Dr. Kavita
Dr. Minakshi

Medical Aid

Dr. Seema

Photography

Smt. Reena

Typing Work

Sh. Naveen Kumar, Asst Supdt
Sh. Pradeep Rajput
Sh. Manojvir

Record Officials

Sh. Devender Kumar, Clerk
Ms. Ashmita, Jr. Lib
Smt. Sonia, Clerk

Sports Equipments

Sh. Vijay Kumar
Sh. Pawan,
Sh. Suresh

Water Arrangement

Dr. Arivnd Kumar

Prize & Certificates

Sh. Rakesh Kumar &
Concerned Committee
Members

Refreshments

Dr. Minakshi &
Concerned Committee
Members

PROGRAMME

Thursday, 27 November 2025

09:30 AM Assembly of Athletes
10:00 AM Welcome of Chief Guest
10:15 AM Flag Hoisting, March Past & Oath Taking Ceremony
10:25 AM Welcome Address by the Principal
10:30 AM Inaugural Speech & Opening by the Chief Guest

Events

10:40 AM	800 M Race	Men	Final
10:50 AM	200 M Race	Women	Final
11:00 PM	High Jump	Men	Final
11:20 AM	Long Jump	Women	Final
11:40 AM	Shot Put	Men	Final
12:00 PM	Shot Put	Women	Final
12:20 AM	100 M Race	Men	Heat
12:30 PM	400 M Race	Women	Final
12:40 AM	Long Jump	Men	Final
13:00 PM	Javelin Throw	Men	Final
13:20 PM	100 M Race	Women	Heat
13:40 PM	400 M Race	Men	Final
13:50 PM	High Jump	Women	Final
14:10 PM	200 M Race	Men	Final

Friday, 28 November 2025

Events

09:00 AM	5000 M Race	Men	Final
09:30 AM	1500 M Race	Women	Final
10:00 AM	100 M Race	Men	Final
10:10 AM	100 M Race	Women	Final
10:20 AM	Javelin Throw	Women	Final
10:40 AM	Chatti Race	Women	Final
11:10 AM	Fancy Dress	Men/Women	Final
11:30 AM	Musical Chair Race		
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	Presentation of Report by the Secretary, Sports Board		
	Prize Distribution		

शपथ

“हम शपथ लेते हैं कि हम 65वीं महाविद्यालय वार्षिक खेलकूद प्रतियोगिता में पूर्ण निष्ठात्मक प्रतियोगी भावना से, सभी निर्धारित नियमों का आदरपूर्वक पालन करते हुए, अपने महाविद्यालय तथा खेलों की शान व मान की खातिर, सच्ची सहज भावना से भाग लेंगे।”

SPORTSMEN'S CODE OF HONOUR

1. Rules of the game are gentlemen's agreements.
2. Visiting teams are our honored guests.
3. Superior skill is the only advantage, all others unfair.
4. Officials' decisions are always honest and final.
5. The only satisfaction worth having is to have played fairest, hardest and for the team.
6. Victory has to be accepted modestly.
7. Defeat has to be taken gracefully.
8. It is undesirable to give excuses for poor play & failure.
9. It is honorable to acknowledge good points in others.
10. The prestige of the team is judged by the member's conduct.

AS A PLAYERTHINK!!!

- Do you play for the game's sake?
- Do you play for your team and not for yourself?
- Do you carry out your Captain's order without question & criticism?
- Do you accept the Umpire's decision absolutely?
- Do you win without swank and loss without grouching?
- Would you rather loss than do anything which you are not sure is fair?



Then you are on the way to become a sportsman.....

SPORTS BOARD

1. *Dr. Surender K. Punia*
2. *Dr. Pratap Phalaswal*
3. *Smt. Surila*
4. *Sh. Shri Kishan Chahar*
5. *Sh. Deepak*

Best Athletes (2024-25)

- | | | |
|----------|--------|---------------|
| 1. Rohit | BA -II | (Among Boys) |
| 2. Aarti | BA - I | (Among Girls) |

Important Instructions: -

1. There will be no Heats, if the number of entries is less than six.
2. Competitors must be in Athletic Kit, otherwise they will be debarred from taking part in events.
3. The events in which there are less than four entries, can be cancelled.
4. The programme is subject to alteration with the approval of Referee.
5. The competitors must report to the starter of the course, as soon as the second call for the event is announced. Late comers will not be allowed to take part.
6. The winners of athletic event will be awarded 05, 03 and 01 points for 1st, 2nd and 3rd positions respectively.
7. If there is a tie for the 1st position, then 08 points will be divided between them and the 2nd position holder will be placed at the 3rd position instead of 2nd.
8. If there is a tie for the 2nd position, then 04 points will be divided between them and the 3rd position will be eliminated.
9. If there is a tie for the 3rd position then 01 point will be divided between them.

Sh. Deepak
Secretary
College Sports Board

Govt. Post Graduate Nehru College JHAJJAR



65th Annual Athletic Meet on

27 & 28 November, 2025

at

Cricket Stadium

Govt. Post Graduate Nehru College, Jhajjar

Inauguration by:

Dr. Jaipal Singh

**Founder & Chief Scientific Officer of
Vasculonics Inc., USA**

Prize Distribution by:

Colonel Rommel Rajain

HOD (Security, CSR & Administration) Reliance

Model Economic Township, Jhajjar



*"Happy hearts & Happy faces,
Happy play in grassy places,
This is how in ancient ages,
Children grew to
Kings & Sages,"*

R.L. Stevenson